

# HIGH STRAIN AND BIOCOMPATIBLE SCREEN PRINTED NANOCOMPOSITE BASED CONDUCTIVE PDMS STRAIN SENSORS

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## ABSTRACT

Strain sensors capable of operating in high strain conditions remain a technical challenge. In particular, biocompatible strain sensor technology is needed that satisfies the following requirements: (1) construction from low modulus materials that approach values of soft biological tissues and (2) high strain operation ( $\geq 20\%$ ). We present a screen printed, nanocomposite-based conductive polydimethylsiloxane (CPDMS) strain sensor capable of 40% strain operation with a gauge factor (GF)  $>100$ . Strain sensing using CPDMS sensors containing multi-walled carbon nanotubes (MWNT), graphene nanoplatelets (GNP), or a mixture of both nanocarbon filler materials was demonstrated. The combination of high strain operation, high GF, and biocompatible construction pave the way for minimally invasive *in vivo* strain measurements. Strain sensors were characterized according to their conductivity, zero current resistance (ZCR), thermal coefficients of resistance (TCR), and gauge factor.

## INTRODUCTION

Typical strain sensors are made from silicon, metal, or other hard materials using microelectromechanical systems (MEMS) technology [1-2]. These devices are efficient strain sensors; however, they are limited to low strain applications, and their modulus of elasticity does not match that of soft tissues [3], thus limiting their ability to be used *in vivo* for measuring the strain of soft tissues. Recent research has shown that polydimethylsiloxane mixed with nanocarbon filler (typically multi-walled carbon nanotubes) has potential as a piezoresistive material for strain gauge applications [4-8] but only low gauge factors ( $\sim 12$ ) were achieved [9]. Such composites become conductive once the filler concentration reaches the percolation threshold. The percolation threshold of CNTs is dependent on aspect ratio, diameter, degree of conglomeration and alignment and therefore ranges widely from 0.005 vol% to several vol% [10].

We investigated a GNP/MWNT blend mixed with PDMS to achieve a low percolation threshold with MWNTs while conductive networks above the percolation threshold were created using GNPs. GNPs are also lower in cost and improve the consistency of the prepolymer for screenprinting. The GNP/MWNT and PDMS composite form CPDMS that is sandwiched between and supported by two layers of transparent, medical grade PDMS.

A medical grade PDMS (USP Class VI and ISO 10993-1) was selected for the polymer matrix to improve elongation properties of the resulting CPDMS for high strain operation, which, in our past work, was limited by

fracture of the piezoresistive material under strain (failed at 1.5% strain [11]). PDMS-based strain sensors are low cost, simple to manufacture, and well suited for *in vivo* use because of their low Young's modulus (closer match to that of organs and tissues than silicon) and biocompatibility. Our intended application is *in vivo* measurement of urinary bladder fullness which requires reliable operation up to  $\sim 20\%$  strain.

## THEORY

Gauge factor is a useful measure of merit for strain sensors and is equal to the normalized change in resistance divided by the strain:

$$GF = \frac{\Delta R/R}{\Delta L/L} = \frac{\Delta R/R}{\varepsilon} \quad (1)$$

where  $R$  is the nominal as-fabricated, undeformed strain gauge resistance,  $\Delta R$  is the total change in resistance,  $L$  is the original unstrained strain gauge length,  $\Delta L$  is the change in length following application of strain, and  $\varepsilon$  is the applied strain. Metal and semiconductors are typical materials used for strain gauges. However, metal strain gauges typically have relatively low gauge factors (GF $\sim 2$ ) and although semiconductors have much better gauge factors (GF $\sim 100$ ), they can only be used for low strain ( $< 0.1\%$ ) applications. Thick film materials for strain sensing have reported GFs in the range of 2-10 [12-14] which are promising for high strain operation applications such as measurement of strain/fullness of the bladder as part of a neuroprosthetic approach to management of lower urinary tract dysfunction [11].

## METHODS

### Materials

Graphene nanoplatelets and multiwalled carbon nanotubes were obtained from cheaptubes.com (Brattleboro, VT), PDMS from Factor II (A-103, MDX4-4210, Lakeside, AZ), Stoddard solvent and isopropyl alcohol (IPA) from VWR (Brisbane, CA), and 34 gauge wire from EIS/Fay Wire (Elmhurst, IL).

### Sensor Fabrication

To prepare the CPDMS prepolymer mixture, a precision scale was used to measure out a predetermined amount of carbon filler material, either graphene nanoplatelets (GNP) or multiwalled carbon nanotubes (MWNT), and PDMS base into a glass beaker. To this was added 10-15mL of a solvent mixture consisting of a 30:70 ratio of IPA and Stoddard solvent (by volume).

The mixture was then placed in an ultrasonic bath (Branson 3510, Branson Ultrasonic Corp., Danbury, CT) for 15-18 hours to achieve thorough mixing of the filler material with the PDMS base and evaporate organic solvent. Using this method, CPDMS base with a range of concentrations of MWNT and GNP were prepared (Figure 1).

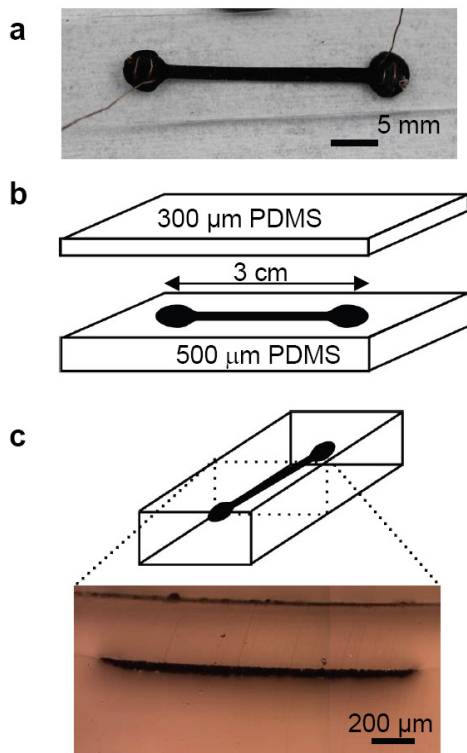


Figure 1: (a) Optical micrograph, (b) three dimensional exploded illustration showing sensor construction, and (c) illustration and optical micrograph showing cross section of strain sensor. (Dimensions of top surface: 9.5 mm x 40 mm.)

Crosslinker (in a ratio of 1:10 to the base) was added to the nanocomposite conductive filler-PDMS base mixture using a planetary mixer (Thinky Corp., Laguna Hills, CA) and the obtained conductive prepolymer was screen printed onto a 500 μm thick layer of non-conductive medical grade PDMS using a lithographically defined brass screen using a previously developed method [11]. Briefly, CPDMS prepolymer was spread across a custom stencil using a plastic squeegee. The stencil was made by etching away a lithographically defined pattern in a 76 μm thick brass shim (4.5" × 6") sandwiched between two sheets of a negative, dry-film photoresist. The photoresist was exposed using a high resolution transparency mask (Mikacolor, Los Angeles, CA) and UV light source (45 mJ/cm<sup>2</sup>) and developed in a dilute sodium hydroxide bath. The exposed brass regions were etched away using ferric chloride. The parts for this etching kit were purchased from MicroMark (Berkeley Heights, NJ).

The screen-printed CPDMS was then placed under a vacuum for 3-4 hours to remove any remaining solvent and then cured at 80°C. A second layer of non-conductive medical grade PDMS was added to fully encapsulate the CPDMS. Robust electrical connections were made by threading fine wires through the contact pads several times. For the purposes of saline soak testing, an additional layer of PDMS was added to insulate the threaded wires.

### Electrical Properties

Zero current resistance (ZCR) was measured by recording the resistances of the devices from 1-10 μA and extrapolating the resistances back to zero current.

Temperature coefficient of resistance (TCR) was calculated by measuring the device resistance at different temperatures from room temperature to 90°C and taking the slope of the resulting curve.

Gauge factor was obtained from data acquired using a motorized stage (Thorlabs, Z812) that allowed for user defined strain patterns and a precision multimeter (Keithley 2400, Keithley Instruments, Cleveland, OH). The sensors were mounted to the motorized stage using custom acrylic clamps with a known separation distance (Figure 2). Clamp separation was increased by discrete steps via computer control of the stage to achieve known levels of uniaxial strain. Sensor performance under various strain regimens was evaluated.

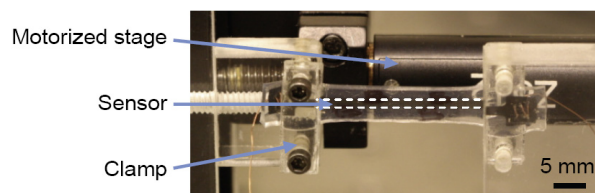


Figure 2: Gauge factor test set up.

### RESULTS AND DISCUSSION

CPDMS mixtures were made with concentrations of MWNT from 2.5 wt% to 15%. Under 5%, the devices were not conductive and over 10%, the mixture was too viscous to be screen-printed. GNP concentrations were varied from 5% to 15%. Under 10%, the GNP devices were not conductive and over 12.5%, the CPDMS would not cure. Based on these observations, mixtures of GNP and MWNT were selected ranging from 2.5 to 7.5% MWNT and 1.5 to 15% GNP (Table 1).

### Electrical Characteristics

For electrical characterization of the CPDMS material, 35 × 45 mm rectangular patterns were printed onto a non-conductive PDMS substrate to ensure that the edges effects were minimized. However, subsequent 4 point probe measurements performed directly on un-encapsulated sensors (1.8 × 30 mm) yielded identical resistance values, therefore 4 point measurements were

made directly on exposed, unencapsulated sensors. The thickness of the film was measured by taking sections through a screen-printed sensor element and measuring the average thickness using NIH ImageJ software (Figure 1c).

Table 1. Gauge factor and other manufacturing notes describing different compositions (NC = not conductive. Chloroform was used as a non-polar solvent until it was determined that it is not a suitable solvent for MDX-4 4210. All devices, therefore, were produced using Stoddard solvent and IPA mixture unless otherwise noted.).

Composition		GF	Notes
MWNT (%)	GNP (%)		
3.5	0	NA	NC
5	0	99.8	
10	0	10.24	
15	0	NA	Not printable
0	5	NA	NC
0	10	NA	NC
0	12.5	17.25	
3.5	1.5	88.75	
5	10	1.18	Did not cure, chloroform
7.5	5	2.7	Chloroform
2.5	15	2.6	Did not cure, chloroform
2.5	15	20.5	Did not cure, chloroform, Parylene coated

The measured conductivity of the CPDMS was similar to the results of other studies [5-6] (Figure 3), with MWNT devices becoming conductive at 5 wt%. An upper limit to conductivity was found with GNP at 12.5%, which was as conductive as the MWNT samples reported in [5]. Therefore, although conductivity could not be achieved at low concentrations of GNP below 12.5%, once GNP loaded samples became conductive (reached the percolation threshold), they were as conductive of their MWNT counterparts. This trend also appeared when measuring zero current resistance. Although the resistance of the 10% GNP sample was much higher than the 10% MWNT sample, when the concentration of GNP was increased to 12.5%, the resistance dropped down to below the 10% MWNT resistance (Figure 4).

Pure MWNT devices exhibited negative TCR, whereas pure GNP devices had slightly positive TCR. GNP/MWNT composites had negative TCR (Figure 5). GNP/MWNT CPDMS that were first annealed (90°C) exhibited increased TCR (data not shown).

The gauge factors of the devices were calculated from resistance data obtained under known applied strains up to 40% strain (Figure 6). Gauge factor (along with variability of gauge factor) was observed to increase as the amount of filler material was reduced (Table 1, Figure 7). This is consistent with results reported elsewhere (Table 2) [5-6, 8]. Gauge factor was inversely related to conductivity. Interestingly, gauge factor for sensors with filler content >12.5 wt% was increased for CPDMS sesors

with Parylene coating. 1.5% GNP/3.5 %MWNT composite CPDMS sensors had similar TCR and gauge factor as the pure 5% MWNT device but had greater conductivity.

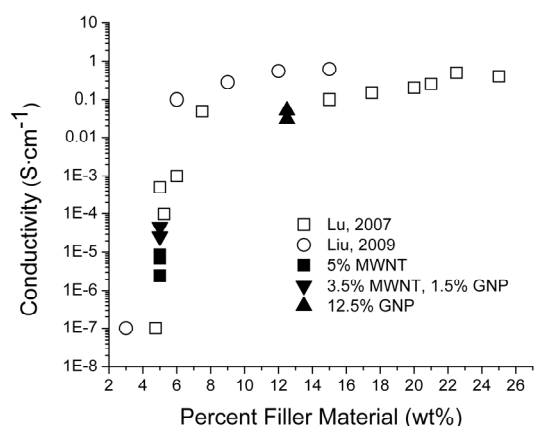


Figure 3: Conductivity measurements for CPDMS samples compared to previously reported data.

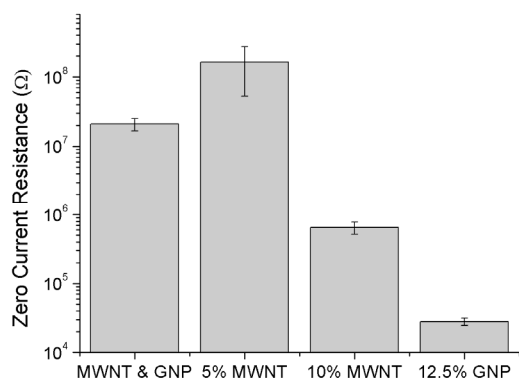


Figure 4: Zero current resistance data (In the composite sample, MWNT & GNP concentrations are 3.5% and 1.5% respectively.). Data are mean  $\pm$  SE (n = 6-12).

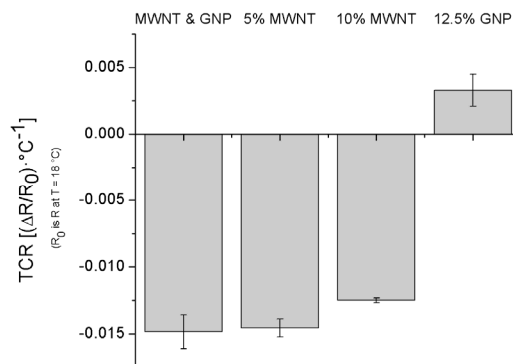


Figure 5: Temperature coefficient of resistance (TCR) data (In the composite sample, MWNT & GNP concentrations are 3.5% and 1.5% respectively.). Data are mean  $\pm$  SE (n = 3-5).

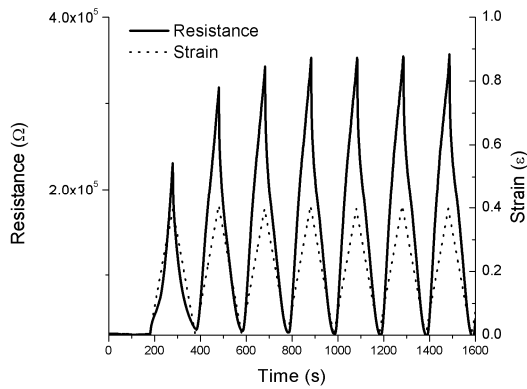


Figure 6: Representative raw gauge factor data. In this case, 40% strain was applied.

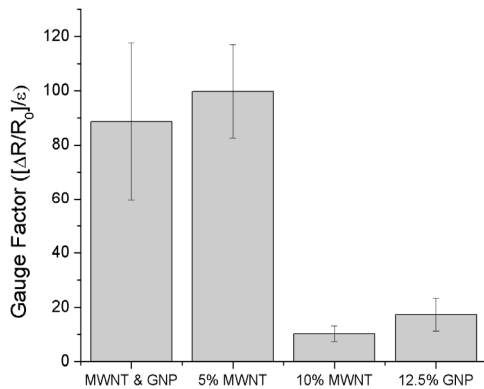


Figure 7: Calculated gauge factor for CPDMS strain sensors having various concentrations and compositions of filler material. Data are mean  $\pm$  SE ( $n = 4-5$ ).

Table 2: Gauge factors and achieved strain for CPDMS strain sensors reported in literature.

Reference	Max GF	Max Applied Strain
Lu, 2007 [5]	12.3	1.2%
Liu, 2009 [6]	2.75	40%
Giannone, 2009 [8]	5.6	8.5%

Soak testing of strain sensors was performed in 1X PBS (37 °C for 21 days) and is ongoing. A decrease in resistance of 42% over this period was observed, pointing to penetration of conductive ions into the polymer, which can be mitigated by Parylene coating.

## CONCLUSION

Strain sensors made from MWNT and GNP filled PDMS screen-printed onto PDMS were manufactured and characterized according to their zero current resistance, TCR and gauge factor. Due to their high gauge factor, large strain capability, and construction from medical grade materials, these devices are promising for *in vivo* applications. Coupled with a micro-hydrostatic pressure monitor, these devices could be used to measure bladder

fullness for the thousands of people suffering from loss of control of micturition from spinal cord injuries and neurogenic bladder.

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