Article

Liquid Encapsulation in Parylene Microstructures Using Integrated Annular-Plate Stiction Valves

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Received: 1 August 2011; in revised form: 28 August 2011 / Accepted: 29 August 2011 / Published: 8 September 2011

Abstract: We report the design, fabrication and characterization of micromachined Parylene structures for self-sealing liquid encapsulation applications. Automatic sealing is enabled through the use of an integrated annular-plate stiction valve which greatly reduces device footprint over in-plane configurations. We achieve automatic wafer-level liquid entrapment without using adhesives or processing at elevated pressures or temperatures. The ability to track changes to the internal liquid volume through the use of electrochemical impedance measurements is also presented.

Keywords: Parylene C; liquid encapsulation; stiction

1. Introduction

Many interesting MEMS applications such as variable-focus liquid lens optics [1], electrolysis actuators, and electrowetting devices employ encapsulated liquids [2]. These applications require appropriate fabrication techniques and structures for long term encapsulation of small liquid volumes. The application of thermal or chemical bonding techniques is often challenging as the liquid must be made compatible with the additional steps introduced into the process.

One such approach utilized thermo-compressive bonding of Parylene C to successfully encapsulate water within microreservoirs for several days [3]. The technique required thermal excursion >200 °C, and as such, the chemical stability of liquids other than water (or biologic material contained within:
proteins, cells, etc.) remains a concern. Various room temperature techniques have been proposed to address this challenge including chemical vapor deposition of Parylene C directly on droplets of low vapor pressure liquids [1]. Others have exploited UV-curable resins to perform on-demand bonding-in-liquid with some success, however, alignment was found to be a critical factor [4]. Wafer-level room temperature sealing was demonstrated in gold microreservoirs patterned on silicon wafers and sealed through physical embossing of matching gold rings a glass sealing wafer. The seal was shown to be hermetic but the embossing process required high pressure, epoxy reinforcement and very smooth gold surfaces that were realized through additional lapping steps [5]. A sealing mechanism that introduces a minimum number of additional steps and simplifies the sealing process would be an attractive alternative to current methods.

Stiction has been investigated as a possible sealing mechanism due to its simplicity and notoriously strong surface interactions. Stiction is usually considered an unwanted failure mechanism in MEMS and can render devices inoperable unless accounted for appropriately [6,7]. This phenomenon, however, is beneficial when utilized as a sealing mechanism in valve structures for trapping fluid. Parylene-based stiction valves have demonstrated excellent performance in wafer-level sealing of liquids within microchambers [8,9], but are currently placed externally in relation to the liquid chamber and active structures of the device. This configuration increases the overall device footprint and limits the ability to tailor the microchamber characteristics since the shared fabrication steps must also satisfy the stiction valve design constraints. Decoupling the valve construction by integrating it within the active structure itself was attempted by [3] but liquid retention was limited to several minutes due to suboptimal valve design. Here we combine the optimal annular-plate valve design guidelines derived by [8] in an integrated device to reduce overall footprint by nearly 50% and achieve automatic long-term liquid encapsulation [10].

2. Design and Fabrication

2.1. Device Design

The fluid encapsulation device consists of three main components: (1) an annular-plate stiction valve; (2) peripheral fluidic access ports; and (3) a microchamber. The valve is connected via short microchannels to the fluidic access ports located on the periphery and base of the microchamber structure (Figure 1). Initially, the interior of the chamber and channels are filled with a sacrificial material. After removing the sacrificial layer using a wet solvent, the chamber is filled by passive soaking at the wafer level in the desired filling solution. Removal from the bath and exposure to ambient conditions induces evaporation through the peripheral access ports. The evaporating liquid fronts move along the connecting channels toward the stiction valve. The freed annular plate, if mechanically compliant, can be pulled down to contact the substrate by capillary forces and if the adhesion energy is large enough, will remained pinned to the substrate forming a seamless circumferential seal. The stiction-induced collapse and sealing of the integrated annular-plate traps the remaining liquid in the chamber above the plate (Figure 2).
Figure 1. (Top): Top-view of device footprint with key radii indicated. (Middle): Cross-section taken through connecting channel and fluidic access ports. (Bottom): Cross-section through electrodes.

Figure 2. Principle of operation. Evaporation through the fluidic access ports moves the liquid fronts along the connecting channels toward the stiction valve. Capillary forces seal the annular plate of the stiction valve against the substrate trapping liquid inside the chamber ([10]© IEEE 2010).

2.2. Stiction Valve Design

Parylene-based stiction valves were designed according to the guidelines developed by Wang et al. [8,11]. Stiction occurs when the critical number, \( N_c \), exceeds 1:

\[
N_c = \frac{\sigma r_o^4}{Dh^2} P(\phi, \nu)
\]

(1)
where \( \sigma = 2 \gamma_{LA} \cos \theta_C \) is the surface energy of the Parylene-liquid interface, \( D = \left( \frac{E t^3}{12(1 - \nu^2)} \right) \) is the flexural rigidity of the plate, \( \gamma_{LA} \) is the liquid-air surface tension, \( \theta_C \) is the Parylene contact angle, \( E \) is Young’s modulus, \( t \) is the membrane thickness, \( h \) is the membrane height, \( \nu \) is Poisson’s ratio, \( \phi \) is the ratio \( r_i/r_o \), and \( p \) is a numerical function of \( \phi \) and \( \nu \) and has been evaluated through the use of numerical methods. A combination of parameters that satisfy the design constraints were selected for the device (Figure 3, Table 1). \( N_c \) for these valve dimensions is well above 1, ensuring that stiction occurs.

Figure 3. Partial cross-section of a fluid encapsulation device indicating key design parameters.

Table 1. Stiction valve radii and calculated critical number \( N_c \). Valves were fabricated with film thickness \( t_v = 2 \) µm and height \( h_v = 2 \) µm.

<table>
<thead>
<tr>
<th>Dimension (µm)</th>
<th>Design Parameter</th>
<th>Critical Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>( r_o/r_i )</td>
<td>( \phi )</td>
<td>( N_c )</td>
</tr>
<tr>
<td>63/20</td>
<td>0.32</td>
<td>3.14</td>
</tr>
<tr>
<td>75/25</td>
<td>0.33</td>
<td>6.26</td>
</tr>
<tr>
<td>88/30</td>
<td>0.34</td>
<td>11.14</td>
</tr>
<tr>
<td>100/35</td>
<td>0.35</td>
<td>18.23</td>
</tr>
</tbody>
</table>

2.3. Fabrication

The entire fabrication process is realized at relatively low temperatures (90 °C) (Figure 4) which enables its use on a variety of polymer-based substrates and facilitates adoption in temperature sensitive processes. Standard soda-lime glass wafers were utilized as the carrier substrate. Fabrication began with optional platinum electrodes (2,000 Å) patterned on a 10 µm Parylene film followed by a 1 µm Parylene insulation layer. The 10 µm Parylene film allows for release/handing of structures and devices from the soda-lime carrier substrate for applications where flexibility is required. The optional electrodes are exposed to the liquid within the chamber and serve as an electrical interface for electrochemical measurement or actuation applications. In this work, electrodes were used for electrochemical measurements to track the sealing capability of the stiction valves and to monitor water vapor transmission through the Parylene film.

Photoresist was then spun-on and patterned (2 µm, AZ 4400, AZ Electronic Materials, Branchburg, NJ, USA) forming the sacrificial mold for the valve structure. Parylene was then deposited (2 µm) forming the valve membrane \( (t_v) \) and sidewalls. Parylene over the valve center and access ports was removed in oxygen plasma (100 W, 100 mT) using a photoresist mask, thereby completing the annular valve structure \( (r_i) \) and access ports. The exposed state of the sacrificial photoresist forming the valve
layer (step c, d) made it difficult to remove the photoresist etch mask without erosion of the underlying valve structure. For this reason, the chamber sacrificial layer was spun and patterned directly on top of the etch mask (12 µm, AZ 4620, AZ Electronic Materials, Branchburg, NJ, USA), \( r_c = 150 \) µm). A 4.2 µm Parylene film was then deposited \( (t_c) \) to enclose the chamber and a final Parylene etching step was necessary to re-open the fluidic access ports (step h). Test dies were then diced and following sacrificial photoresist removal in acetone, IPA, and DI water, the chambers were filled in a batch process by immersion in the desired fluid (DI water). Adhesion to the carrier substrate was realized through treatment of the carrier wafer with A-174 silane prior to deposition of the base Parylene layer. If desired, release from the soda-lime carrier substrate can be accomplished by skipping the A-174 treatment. This allows for a simple release from the substrate by cutting the Parylene film with a razor blade and peeling; a process that is greatly facilitated if performed under water.

**Figure 4.** Low temperature (90 °C) multi-layer Parylene-C fabrication process.

3. Results and Discussion

3.1. Stiction Valve Sealing

Stiction valve sealing and liquid encapsulation capability were evaluated by optical observation of a sample die containing several devices. The devices were filled, as described previously, with DI water. The die was then removed from the bath and exposed to ambient laboratory conditions (typically <5 min) to initiate the fluid encapsulation process. Following sufficient fluid evaporation, successful stiction valve sealing was observed and marked by the appearance of a dark central region indicating conformal contact between the annular plate and substrate. Emergence of interference rings
between the central region and the peripheral plate anchors indicated proximity of the valve plate to
the substrate as the valve plate transitioned from contact with the substrate to freestanding near the
anchors (Figure 5). The mechanical deformation produced during stiction of the Parylene membrane is
predominantly elastic in nature and is consistent with small deflection models that assume maximum
deflections less than or equal to membrane thickness. Compared to more traditional diaphragm
materials like silicon nitride ($E \sim 300$ GPa), the mechanical loading of the relatively soft Parylene
material ($E \sim 4$ GPa) produces only nominal stresses that fall well below the yield point of the material,
as verified through finite-element-modeling of membrane during deflection (data not shown here).

**Figure 5.** Optical micrograph of 300 µm diameter device filled with DI water. The
chamber is free standing while the valve is collapsed and pinned to substrate. The dark
central region indicates the seal between the annular-plate and substrate while interference
rings indicate proximity to substrate as plate transitions from contact at the center to
freestanding at the anchored edges ([10] © IEEE 2010).

### 3.2. Liquid Encapsulation

Successful encapsulation of liquid was evidenced by the appearance of a liquid front within the
chamber after several hours of complete encapsulation. Initially, the chambers appeared uniform due to
complete filling and entrapment of liquid within the chamber [Figure 6(a)]. This was followed by the
appearance of a liquid front several hours later as a result of water vapor transmission [Figure 6(b)].
This is the first demonstration of uniform and complete device filling; in earlier attempts, air pockets
were often observed and thus, liquid entrapment was incomplete [3,11]. For comparison, devices
without a valve were also fabricated and tested [Figure 6(d–f)]. Within 1.5 h, valveless devices were
completely dry while devices with a valve successfully encapsulated liquid up to 9 h at ambient
conditions (20 °C, ~30% RH). The formation of a liquid front, even in valved devices, clearly
indicated that liquid loss still occurred. Water vapor transmission through the chamber membrane and
not the valve seal was hypothesized to be the root liquid loss mechanism; however a method to
quantitatively track internal volume was needed. The following section describes the use of
electrochemical impedance to track liquid volume within the chamber.
Figure 6. Sequence of optical micrographs depicting the chamber state from filled to empty conditions. (a) Completely filled chamber with valve immediately after removal from immersion bath. (b) Valved chamber after 8 h of evaporative drying at ambient conditions. Complete valve seal evidenced by interference rings and darker central annular region. (c) Empty chamber at 9 h. Valve remains pinned to the substrate. (d) Chamber without valve immediately after removal from immersion bath. (e) Chamber drying occurs rapidly; liquid evaporation front appears at 1 h. (f) At 1.5 h, the chamber is completely dry indicating rapid evaporation without a stiction valve ([10] © IEEE 2010).

3.3. Impedance-Based Volume Measurement

When metal electrodes are immersed in liquid, the spontaneous creation of the so-called double-layer interface is responsible for capacitive behavior at each electrode interface. In parallel with this capacitance is a charge transfer resistance which is typically very high and accounts for perturbations of the double-layer interface when a potential is applied. The bulk solution, however, behaves much like a liquid resistor that varies with path length and cross-sectional area, and lies in series with the interfacial components. Utilizing a simplified model of this interface based on Randle’s equivalent circuit, the measured impedance can be expressed as:

\[
Z(w) = \frac{2R_{ct}}{1 + jwR_{ct}C_{dl}} + R_s
\]

where \(R_{ct}\) is the charge transfer resistance of the interface, \(C_{dl}\) is the double-layer capacitance and \(R_s\) is the solution resistance term.

The impedance of the liquid between the electrodes depends complexly on the volumetric conduction path of current-carrying ions in the solution as well as the total volume contained within the chamber. As volume is lost through water vapor transmission, the chamber’s top surface deforms to accommodate the lost volume resulting in changes to the volumetric cross-section over time. During this liquid-loss phase, the impedance magnitude and phase vary due to changes in \(R_s\) which are directly related to the bulk liquid volume. The impedance magnitude and phase are expressed as follows:
\[ |Z| = \left( \frac{2R_{ct}}{1 + (wC_{dl}R_{ct})^2} + R_s \right)^2 + \left( \frac{2wC_{dl}R_{ct}^2}{1 + (wC_{dl}R_{ct})^2} \right)^2 \]  

\[ \angle Z = \arctan \left( \frac{2wC_{dl}R_{ct}^2}{R_c(1 + (wC_{dl}R_{ct})^2) + 2R_{ct}} \right) \]  

In order to relate impedance with liquid volume, \( R_s \) needs to be determined. To make the analysis more tractable, a simplification of this system assumes that bulk resistance is inversely proportional to the cross-sectional area through the central axis of the chamber through the simple relation \( R_s \approx \rho l/A \), where \( l \) is the distance between electrodes and \( A \), the cross-sectional area, is calculated through the center of the device. In reality, the solution resistance calculation requires a more complex expression that integrates the differential cross sectional area \( dA \) over a path \( dl \) that accounts for the changing membrane deflection profile with radius. The cross-sectional area through this mid section of the chamber can be easily calculated from the standard deflection equation for a circularly clamped membrane of uniform thickness given by:

\[ y(r) = \frac{3(1 - \mu^2)P}{16Et^2}(r_c^2 - r^2)^2 \]  

where \( y \) is deflection, \( P \) is pressure, \( t \) is membrane thickness, \( a \) is diaphragm radius, \( E \) is modulus of elasticity, \( r \) is radial distance, and \( \mu \) is Poisson's ratio. This simplification overestimates the contribution of cross-sectional area to solution resistance as it assumes that the maximum deflection profile is constant along the entire length of \( l \), as would be the case in a rectangular channel, however this approach still provides an adequate description of the observed phenomenon. Integrating a sweep of Equation (5) using polar coordinates yields an expression for volume contained within the chamber:

\[ V = \frac{3\pi(1 - \mu^2)P r_c^6}{48Et^3} \]  

Substituting \( y_0 = y(r = 0) \) (maximum membrane deflection) into Equation 6 yields:

\[ V = \frac{\pi r_c^2 y_0}{3} \]  

Through a similar substitution into the simple area integral of Equation (5), cross-sectional area can be expressed in terms of maximum deflection as \( A = y_0 r_c / 10 \). Substituting in Equation (7) yields an approximation that is useful for relating chamber volume with solution resistance and ultimately impedance:

\[ R_s = \rho \frac{10\pi r_c}{3V} \]  

### 3.4. Liquid Loss Mechanism

In order to verify that water vapor transmission through the chamber membrane was the primary liquid loss mechanism, four devices were monitored optically under a microscope and electrochemically by solution impedance measurements via the integrated microelectrodes [Figure 7(a)]. Electrochemical impedance of the encapsulated liquid was measured (5 kHz, 100 mVpp) over time using an Agilent precision LCR meter (E4980A, Agilent Inc, Santa Clara, CA, USA). Impedance measurements were
consistent across multiple devices and clearly tracked liquid volume changes over time [Figure 7(b)]. By correlating time stamped optical micrographs with measured impedance data, liquid loss was quantitatively tracked and measured (Figure 8). Phase angle measurements clearly followed a linear relationship with volume. As liquid was lost, the phase angle approached $-90^\circ$, indicating the transition from a mostly resistive phase angle contribution \((i.e., \text{solution present})\) to capacitive \((i.e., \text{no solution present})\).

**Figure 7.** (a) Optical micrograph of device fabricated with optional electrodes (shown while immersed in DI water). (b) Top: Impedance magnitude measured over time. Bottom: Phase angle approached $-90^\circ$ indicating a switch from resistive solution impedance (wet chamber) to capacitive impedance (dry chamber).

**Figure 8.** Liquid volume measured over time \((\text{mean} \pm \text{SD}, n = 4)\). The measured WVTR agreed closely with previously reported values for Parylene films at ambient conditions. This indicated that the duration of liquid encapsulation was primarily limited by the water vapor transmission of the Parylene film and not valve sealing. Volume was tracked optically and measured using phase angle of impedance measurements ([10] © IEEE 2010).
Four different valve designs were utilized in these experiments to assess the dependence of the stiction seal footprint on sealing performance. Generally for a given set of valve thickness and height, the stiction footprint increased with valve diameter. Although the impedance magnitude data seemed to indicate that that the larger valve diameter produced relatively smaller impedance changes and thus maintained liquid volume somewhat more effectively, there was no significant benefit observed in the phase data. In addition, no significant difference was observed via optical methods. These observations suggest that any potential performance gains of using larger valves versus smaller valves are minimal and that the key requirement for valve sealing remains the initiation of stiction.

The change in liquid volume over time corresponds to a measured water vapor transmission rate (WVTR) of $5.6 \times 10^{-12} \text{ g·µm/µm}^2\text{·h}$ through top surface of the chamber. This value agrees closely with the previously reported WVTR value of $5.78 \times 10^{-12} \text{ g·µm/µm}^2\text{·h}$ (20 °C, 30% RH) for Parylene C films [12]. This result confirms that the liquid loss mechanism is indeed water vapor transmission directly through the Parylene membrane and not the stiction valve seal. Electrochemical impedance measurements provide a simple and reliable method to quantitatively track internal liquid volumes over time.

### 3.5. Applications

The performance-limiting factor for liquid encapsulation duration is the water vapor transmission rate through as-deposited Parylene films. To further improve performance, additional techniques can be implemented to enhance encapsulation lifetime ($t_{\text{encapsulation}}$). The parameters affecting $t_{\text{encapsulation}}$ are identified below:

$$t_{\text{encapsulation}} = \frac{Mt}{WVTR \cdot SA}$$  \hspace{1cm} (9)

where $M$ is mass of water (grams), $t$ is thickness of the Parylene membrane (µm), and $SA$ is exposed surface area available for transmission in (µm$^2$). Increasing membrane thickness improves encapsulation lifetime proportionally while $WVTR$ and exposed surface area are inversely proportional. The $WVTR$ of as-deposited Parylene-C films can be reduced by nearly 50% with additional high temperature annealing steps [3,12]. Furthermore, deposition of thin films such as gold or aluminum can also be used to reduce the $SA$ available for transmission and provide a nearly impermeable protective coating [11]. The use of a combination of these techniques can feasibly extend encapsulation time for sub-nL volumes (in the current design) out to several days.

In addition to water, it is expected that this encapsulation technique is compatible with a variety of other liquids provided that they are volatile (even if only weakly) and that the surface energy density and contact angle for the desired solution is taken into consideration. The energy of Parylene-liquid interface will vary according to the value of these parameters and appropriate design adjustments need to be made to ensure conditions for stiction are preserved. For example, many common organic solutions including acetone, methanol, ethanol, acetic acid and most oils have known surface energy densities ranging 20–30 mJ/m$^2$ at room temperature [13]. Typically these solutions also exhibit much lower contact angles; use of organic solvents such as methanol and acetone are routinely used during cleaning of Parylene and readily wet the surface indicating contact angles close to 0°.
Many common aqueous salt solutions such as KCl, NaCl and Na₂SO₄ exhibit slightly higher surface energy densities than pure water (73.4, 73.6 and 74.7 mJ/m² respectively at 1 M) and vary linearly with concentration following the approximate relation $\gamma_{LA} = \gamma_{LH₂O} + M\Delta\gamma$, where $M$ is molar concentration and $\Delta\gamma$ is typically between 1–2 mJ/m² for most salt solutions. Contact angle values for water on Parylene have been reported throughout the literature but values for other liquids such as acids and liquid metals, to our knowledge, have yet to be reported.

The valve-in-chamber configuration is useful for applications in electrochemical-based transducers such as force and pressure sensors. The capability of small encapsulated liquid volumes to measure contact forces and hydrostatic pressures has been demonstrated with excellent sensitivity [14,15]. Furthermore, electrolysis-based actuation can be fully exploited by this design as increasing chamber pressure further enforces the seal between the valve plate and substrate in contrast to previously reported in-plane designs in which the valve opened at sufficiently high internal pressures [9,11].

Figure 9. Additional configurations utilizing the valve-in-chamber design. Complex encapsulated microfluidic systems can be realized. White dots indicate dummy electrode sites for impedance-based measurements.

There are numerous applications and configurations for such devices beyond single valve-chamber configurations. Complex interconnected geometries are possible through the use of multiple valves distributed throughout a microfluidic network (Figure 9). This approach reduces to the clearing time of the sacrificial material while still maintaining sealing capability thus allowing for encapsulation within larger structures. The introduction of microelectrodes throughout such structures enables multi-point impedance measurement which has been demonstrated and applied to biomimetic tactile sensing applications at the macroscale [16]. The ability to realize a diverse array of sensor configuration using this liquid encapsulation technology is also potentially useful across a wide array of biomedical applications including tactile feedback for minimally-invasive surgery [17], tissue health diagnostics [18-20], and surgical tool instrumentation [21].

4. Conclusions

The technique utilized here improves encapsulation performance by integrating an optimized stiction valve within a chamber structure. This reduces overall device footprint by nearly 50% over in-plane approaches, extends encapsulation lifetime, is performed in batch at the wafer-level, involves
no high temperature or pressure steps and is achieved without adhesives. This is accomplished at the
cost of only a few additional standard micromachining processing steps. This improved approach has
the potential to enhance many applications where liquid encapsulation is required.

Acknowledgments

This work was funded in part by the Engineering Research Centers Program of the NSF under
Award Number EEC-0310723 and the Bill and Melinda Gates Foundation (CG). The authors would
like to thank Donghai Zhu and the members of the USC Biomedical Microsystems Laboratory for their
assistance.

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